

Welcome To Midwest

Getting help and treatment for children with autism is a challenge. Midwest Autism & Therapy Center in Altoona is changing that. At Midwest, we provide a specialized center-based setting where kids ages 2-6 can receive intensive individualized and group programming for up to 30-40 hours per week.

Midwest is a new treatment center with offices opening in Altoona and Des Moines. We utilize Applied Behavior Analysis (ABA), speech, communication and social skills therapies to help children with Autism reach developmental milestones. ABA therapy is the gold standard for Autism treatment and is endorsed by:

- The American Academy of Pediatrics
- The American Psychological Association (APA)
- The National Institute of Mental Health

Each child's customized curriculum is developed by Master's-level Board-Certified Behavior Analysts (BCBAs) to encourage positive behavior & is executed with the help of Registered Behavioral Technicians, who are also certified Behavioral Health Professionals.

Our first center in Iowa will be opening in June at 950 W. 28th Ave SW in Altoona, IA, 50009. And, we will be accepting referral starting at the beginning of May. If you have questions, wish to make a referral, or want to learn more about our program please reach out to our team!





